SHARP Health Plan

Provider Alert

To: Sharp Health Plan Providers and Provider Office Staff
From: Sharp Health Plan
Date: October 23, 2026
Subject: Free Behavioral Health Education Series for Primary Care Providers

Dear Provider Partner,

Primary care providers are encouraged to take advantage of a free, 3-part on-demand educational series from Optum Health Education and Optum Behavioral Health. The series focuses on behavioral health identification, treatment, referral, and care coordination in the primary care setting and offers up to 3.5 continuing education credits.

Educational Topics Include:

- Mental health disorders and follow-up after higher levels of care
- Substance use disorders in primary care
- Behavioral health treatment for children and adolescents with ADHD, behavior dysregulation, or severe mental illness
- Behavioral health-related HEDIS measures and best practices for improving quality outcomes

There are no fees to participate or receive credit for these activities. The training is available on demand and may be completed at the provider's convenience.

Learn More
Visit Optum Health Education's Behavioral Health in Primary Care training site for additional information and registration. Questions may be directed to: moreinfo@optumhealtheducation.com.

Sincerely,
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