



## **Provider Alert**

**To:** Sharp Health Plan Providers and Provider Office Staff  
**From:** Sharp Health Plan  
**Date:** August 12, 2025  
**Subject:** Important maternal mental health reminders

Dear Provider Partner:

According to California law, it is mandatory for health care providers to screen patients for maternal mental health conditions during prenatal, postpartum, or interpregnancy care, including:

- At least one maternal mental health screening during pregnancy
- At least one additional screening during the first 6 weeks of the postpartum period
- Additional postpartum screenings, if determined medically necessary and clinically appropriate in the judgement of the treating provider

We offer case management services to referred patients who are enrolled in benefits with Sharp Health Plan and who qualify. Our case managers help with:

- Understanding health care benefits
- Making appointments
- Doula services, for those who are eligible

Visit **[sharphealthplan.com/providers/mmh](https://sharphealthplan.com/providers/mmh)** for more information and to access a flyer that you can share with your patients.

Sincerely,

Sharp Health Plan  
Provider Account Management Team  
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