

**P** = Prior authorization required

**D** = Direct No prior authorization or referral form needed

**NCB=** Not a covered benefit

**Prior Authorization Fax: 619-740-8111** 

Requirement	Service / Procedure	Code	Info and Notes
D	Abortions	59840 - 59866	In-Network
P	Acupuncture	97810 - 97814	If member has acupuncture coverage under the medical benefit, must be referred to ASH by a PCP to be covered. All other acupuncture services are only covered if rider is purchased. Contact American Specialty Health (ASH).
P	Acute Inpatient	All	
P	Acute Inpatient Rehab	All	
P	Adults to Pediatric Specialist	All	
P	Allergy and Clinical Immunology – Allergen Immunotherapy Services	95004 – 95199	
P	Ambulance Services (gurney and wheelchair services non-emergent)	A0021 – A099 To include codes: A0080, A0130, A0210, A0390 & A0998	
D	Ambulance (emergent) Services	A0021 – A0999	
D	Amniocentesis	59000 - 59001	In-Network
D	Anorectal Manometry	91122	In-Network
D,P	Aquatic Therapy	97113	Direct referral for eval & 12 treatments. Prior auth required for further treatments.

Dec 2022 Page **1** of **20** 



**P** = Prior authorization required

**D** = Direct no prior authorization or referral form needed

**NCB** = Not a covered benefit

Requirement	Service / Procedure	Code	Info and Notes
P	Aspiration of Ova	76948	
D	Artificial Eye – Ophthalmology	V2623 – V2629	In-Network
P	Artificial Insemination	58321 - 58322	
D	Audiometry – Brain Stem Evoked	92585 – 92586	In-Network
P	Audiometry – Diagnostic Hearing Test	92557 – 92596	
D	Audiometry – Routine Hearing Screening in PCP Office	All	In-Network
D,P	Balance Rehab (vestibular)	All	Direct referral for eval & 12 treatments. Prior auth required for further treatments.
P	Bariatric Consult and Surgery	All	
See Behavioral Health PAR Guide.	Behavioral Health	See Behavioral Health PAR Guide	See Behavioral Health PAR Guide.
P	Biofeedback	90901 – 90911	
P	Blepharoplasty	15820 – 15823	
D	Bloodless Surgery	All	In-Network
P	Blood Pressure Monitoring – Ambulatory	93784 – 93790	
P	Bone Electrical Stimulation to Aid in Healing / Non-Invasive	20974 - 20979	Also see HCPCS codes E0744- E0748.
P	Bone Marrow Transplant	38230 - 38243	

Dec 2022 Page **2** of **20** 



**P** = Prior authorization required

**D** = Direct no prior authorization or referral form needed

**NCB** = Not a covered benefit

Requirement	Service / Procedure	Code	Info and Notes
D	Brachytherapy	All	In-Network
D	Brain Stem Evoke Audiometry – Otorhinolaryngologic Services	92585 – 92586	In-Network
D	Breast Biopsy	19081 - 19086 19100 - 19101	In-Network
P	Breast Prosthesis	L8000 – L8035	
D	Breast Pump (electric or manual)	E0603, E0602, A4281 – A4286	In-Network
P	Breast Pump (hospital grade)	E0604	
P	Breast Reconstruction, Reduction, Repair	11960, 15756 – 15758, 19316 – 19499	
P	Breast Reduction	19318	
P	Breast Repair	19316 – 19499	
P	Calcium Scoring 3D CT	75571-75574	
P	Capsule Endoscopy	91110 – 91111	
P	Cardiac Ablation	93653-93657	
P	Cardiac Catheterization	93452-93461	
D,P	Cardiac Rehabilitation	93797 - 93798	Direct referral for eval & 12 treatments. Prior auth required for further treatments.
D	Cardiology Testing – Holter Monitor	All	In-Network

Dec 2022 Page **3** of **20** 



**P** = Prior authorization required

**D** = Direct no prior authorization or referral form needed

**NCB** = Not a covered benefit

Requirement	Service / Procedure	Code	Info and Notes
P	Cardiology Testing (for example: loop recording, Event Monitors, Zio Patch)	All	
P	Cardiology Lexi Scan	All	
P	Chemical Dependency (inpatient or outpatient)	All	See Behavioral Health Prior Auth guide
D	Chemodenervation of Extraocular Muscle	67345	In-Network
D	Chemotherapy	All	In-Network
P	Chiropractic Treatments	98940 - 98943	Prior auth given by ASH, only covered if chiropractic rider is purchased.
P	Chromotubation of Oviduct	58350	
P	Circumcision (after 30 days of life)	54150 - 54164	
P	Clinical Trials	All	
P	Cochlear Device Implant	69930 - 69949	
D	Colonoscopy	44388 – 44408, 45378 – 45393, G0105, G0121	In-Network
D	Colostomy / Ostomy Supplies	All	In-Network
P	Consultation–Second Opinion	99241 – 99245	Out-of-Network – only if Qualified Specialist not available in network.

Dec 2022 Page **4** of **20** 



**P** = Prior authorization required

**D** = Direct no prior authorization or referral form needed

**NCB** = Not a covered benefit

Requirement	Service / Procedure	Code	Info and Notes
D	Contact Lens Service – Special Ophthalmological – Fitting for treatments of disease (includes supply of lens)	92015 – 92145	In-Network
P	Contact Lens Services	J2310 - J2320	Prescription of optical and physical characteristics of contact lenses with medical supervision corneal lens.
P	Continuity of Care	All	
P	Cosmetic Procedures	All	All potential cosmetic procedures.
P	CPAP Machine – Pulmonary	94660, E0601	
Р	CPAP Supplies	All over \$250	
Р	CT Angiogram	70496,70498,71275,72191, 73206, 74174,74175,75635	
D	CT Scans	All	In-Network
NCB	Custodial Care	All	Not covered by Medical Insurance except medically necessary lab, radiology and pathology services which must be done in network.
P	Day Treatment – Medical	All	
Р	Dental and Oral Surgery	All	
D	Dermatology – Non-Cosmetic	All	In-Network
D	Dermatology – PUVA Therapy	96910 – 96913	In-Network
Р	Detox (medical)	All	
D	DEXA / DXA – Bone Mineral Density Study, QCT (Quantitative Computerized Tomography)	77078, 77082	In-Network

Dec 2022 Page **5** of **20** 



**P** = Prior authorization required

**D** = Direct no prior authorization or referral form needed

**NCB** = Not a covered benefit

Requirement	Service / Procedure	Code	Info and Notes
D	Diabetic Counseling (see Health Education)	97802 – 97804	In-Network (including SRS disease management referrals)
Р	Diabetic Supplies	All over \$250	
P	DME	All over \$250 and rentals 3 months or greater	
P	Dorsal Column Stimulators (spinal cord stimulators)	63650 - 63688	
D	Echocardiogram	93000, 93005, 93010	
P	Echocardiogram- Transesophageal (TEE)	93312-93316, 93355	
D	Echocardiogram- Transthoracic (TTE)	93303, 93304, 93306, 93308	In-Network
P	Electroejaculation	55870	
P	Electromagnetic Bone Conduction Hearing Device	69710 – 69711	
P	Electrophysiology (EP) Study	93600-93603 93610-93612 93618-93620	
D	Emergency Services – In-Area/Out-of-Area (includes ancillary)	All	
D	Endoscopic Ultrasound	43231 - 43232	In-Network

Dec 2022 Page **6** of **20** 



**P** = Prior authorization required

**D** = Direct no prior authorization or referral form needed

**NCB** = Not a covered benefit

Requirement	Service / Procedure	Code	Info and Notes
P	Epidurals	All	
P	Erect-Aid	L7900	
D	Esophageal Motility Studies (as long as GI is requesting)	91010 – 91013	In-Network
P	Experimental / Investigational	All	
Р	Extracorporeal Shock Wave Therapy for Treatment of Epicondylitis	All	
D	Fallopian Tube Cath	58345	In-Network
D	Gamma Knife Radiosurgery	61796 - 61800, 63620 - 63621	In-Network
P	Gastric Restrictive Procedures	All	
	Without Gastric Bypass for Morbid Obesity	43842, 43843	
	Vertical Banded Gastroplasty	43842	
	Other than Vertical Banded Gastroplasty	43843	
	With Gastric Bypass for Morbid Obesity	43846, 43847	
	Bypass; w/ Roux-en-Y	43846	
	Bypass w/ small intestine reconstruction to limit absorption	43847	
	Gastric Restrictive Procedure Revision	43848	
	Gastric Restrictive Procedure with Partial Gastrectomy	43845	
	Laparoscopic Bariatric Procedures	43770 – 73775	

Dec 2022 Page **7** of **20** 



**P** = Prior authorization required

**D** = Direct no prior authorization or referral form needed

**NCB** = Not a covered benefit

Requirement	Service / Procedure	Code	Info and Notes
Р	Gender Dysphoria	All	
D	Genetic Counseling	All	
P	Genetic Testing	All	
D	Glasses / Spectacle Services (including prosthesis for Aphakia – Ophthalmology)	92352 – 92499	In-Network
P	Head-TMJ Arthroplasty and Reconstruction Mandible, Maxilla, Zygomatic Arch, Orbit	21193 – 21299	
P	Hearing Aids, or Examination for the Purpose of Prescribing, Fitting or Changing Hearing Aids	92570, 92590 – 92596	Only covered if rider is purchased.
D	Health Education Classes	All	In-Network (including SRS disease management referrals)
P	Heart / Lung Transplant	33930 - 33945	
D	HIV Specialist	Any	In-Network
P	Home Health	All	
P	Home Infusion Therapy	All	
Р	Home Prenatal Monitoring		
	Uterine	S9001	
	Fetal	59020	
P	Blood Pressure Monitoring – Ambulatory	93784 – 93790	

Dec 2022 Page **8** of **20** 



**P** = Prior authorization required

**D** = Direct no prior authorization or referral form needed

**NCB** = Not a covered benefit

Requirement	Service / Procedure	Code	Info and Notes
Р	Hospice	All	
P	Hyperbaric Oxygen Therapy	99183 – 99184	
Р	Hyperhidrosis	32664, 64809, 64818	
Р	Hyperthermia Treatment	77600 – 77620	
D	Hysterosalpingography	74740	
NCB	Travel or Employment Immunizations	All including but not limited to 90476 – 90749	Immunizations for travel or required by employer are not a covered benefit. [See more sections related to immunizations below.]
D	Immunizations – Adults	90476 – 90749	In-Network
D	Infectious Disease Consultation	Any	In-Network
D	Glasses / Spectacle Services (including prosthesis for Aphakia – Ophthalmology)	92352 - 92499	In-Network
P	Infertility	89250 – 89398, 99203, 99241-99245	Check for supplemental benefit.
	Artificial Insemination	58321-58322	Only covered if rider is purchased.
	Aspiration of Ova	76948	Only covered if rider is purchased.
	Chromotubation of Oviduct	58350	Only covered if rider is purchased.

Dec 2022 Page **9** of **20** 



**P** = Prior authorization required

**D** = Direct no prior authorization or referral form needed

**NCB** = Not a covered benefit

Requirement	Service / Procedure	Code	Info and Notes
	Electroejaculation	55870	Only covered if rider is purchased.
	In Vitro Fertilization (IVF)	58970 - 58999	Only covered if rider is purchased.
	Ovulation Testing	84830	Only covered if rider is purchased.
	Repair of Oviduct / Ovary- Tubotubal Anastomosis, Tubouterine Implantation, Fimbrioplasty, Salpingostomy	58750 - 58770	
	Sperm Washing for Artificial Insemination	58323	Only covered if rider is purchased.
	Surrogate Pregnancy	ALL	
P	Injectable Medications	Excludes Depo- Provera Injections	
D	Depo-Provera Injections	J1055	In-Network
D	Injection Procedure for Hysterosalpingography	58340 - 58345	
P	Inpatient Admissions	All	
D	Insertion of Heyman Capsules (intrauterine)	57155, 58346	In-Network
D	Interpretive Services	All	In-Network
P	Intersex Surgery – Female to Male	55980	
Р	Intersex Surgery – Male to Female	55970	

Dec 2022 Page **10** of **20** 



**P** = Prior authorization required

**D** = Direct no prior authorization or referral form needed

**NCB** = Not a covered benefit

Requirement	Service / Procedure	Code	Info and Notes
D	IUD Insertion, Removal	58300 - 58301	In-Network
P	IV Medications	All	
D	Labs – Prometheus for GI only	All	In-Network
P	Lefort I, II, III	21141 - 21160 21345 - 21348 21421 - 21436 61586	
D	Lenses Status Post Cataract	92071 – 92072	In-Network
P	Liver Transplant	47133 – 47147	
P	Lung Transplant	32850 – 32856	
P	Lymphedema – Decongestive Physiotherapy	All	Initial approved will be eval + 8 to 10.
P	Mandibular Body Augmentation	21125 – 21127	
P	Mastectomy for Gynecomastia	19300	
D	Maternal – Fetal (perinatology) Services	All	In-Network – Must be directed by OB-GYN.
P	Maternal Plasma Cell – Fetal DNA Sequencing	All	
P	Maxillofacial Surgery	All	
P	Medical Detox	All	
Р	Medical Nutritional Product	All	
Р	Medical Treatment for Psych Patients Admitted to Psychiatric Faculties	All	
P	Mohs Micrographic Surgery	17311 - 17315	

Dec 2022 Page **11** of **20** 



**P** = Prior authorization required

**D** = Direct no prior authorization or referral form needed

**NCB** = Not a covered benefit

Requirement	Service / Procedure	Code	Info and Notes
P	MRA – Magnetic Resonance Angiography		PCP – Prior Auth Specialist – Direct
	Abdomen	74185	PCP – Prior Auth Specialist – Direct
	Arm	73225	PCP – Prior Auth Specialist – Direct
	Chest	71555	PCP – Prior Auth Specialist – Direct
	Head	70544 – 70546	PCP – Prior Auth Specialist – Direct
	Lower Extremity	73725	PCP – Prior Auth Specialist – Direct
	Neck	70547 – 70549	PCP – Prior Auth Specialist – Direct
	Pelvis	72198	PCP – Prior Auth Specialist – Direct
	Spine	72159	PCP – Prior Auth Specialist – Direct
P/D	MRI – Magnetic Resonance Imaging (PCP = Prior Auth)		PCP – Prior Auth Specialist – Direct
	Abdomen	74181 -74190	PCP – Prior Auth Specialist – Direct
	Brain	70551 – 70559	PCP – Prior Auth Specialist – Direct
	Breast	77058 – 77059	PCP – Prior Auth Specialist – Direct
	Cardiac	75557 -755	PCP – Prior Auth Specialist – Direct

Dec 2022 Page **12** of **20** 



**P** = Prior authorization required

**D** = Direct no prior authorization or referral form needed

**NCB** = Not a cover benefit

Requirement	Service / Procedure	Code	Info and Notes
	Chest	71550 – 71552	PCP – Prior Auth Specialist – Direct
	Lower Extremity	73718 - 73723	PCP – Prior Auth Specialist – Direct
	Orbit	70540 – 70543	PCP – Prior Auth Specialist – Direct
	Pelvis	72195 – 72197	PCP – Prior Auth Specialist – Direct
	Spinal Lumbar	72148 – 72149, 72158	PCP – Prior Auth Specialist – Direct
	Spinal Cervical	72141 – 72142, 72156	PCP – Prior Auth Specialist – Direct
	Spinal Thoracic	72146 – 72147, 72157	PCP – Prior Auth Specialist – Direct
	TMJ	70336	PCP – Prior Auth Specialist – Direct
	Tomographic	78800 - 78999	PCP – Prior Auth Specialist – Direct
	Upper Extremity	73218 - 73223	PCP – Prior Auth Specialist – Direct
	Other – MRI	76390, 77021 – 77022, 77084	PCP – Prior Auth Specialist – Direct
P	Nerve Blocks		
	Somatic Nerves	64400 - 64484	
	Sympathetic Nerves	64505 - 64530	
	Neurostimulators Peripheral Nerve	64550 – 64570	

Dec 2022 Page **13** of **20** 



**P** = Prior authorization required

**D** = Direct no prior authorization or referral form needed

**NCB** = Not a covered benefit

Requirement	Service / Procedure	Code	Info and Notes
Р	Neuropsychiatric Testing	All	
P	Neurostimulator Pulse Generators	95970 – 95975	
D	Neurology Services (Neurosurgery – see below)	All	In-Network
P	Neurology – EEG Inpatient	All	
P	Neurosurgery Services	All	
D	Newborns	All	From birth through age 31 days or until enrolled with a medical group.
P	Non-Contracted Provider (requires prior auth, except ER and UR)		
P	Nuchal Translucency	All	
P	Nuclear Scans (see also PET Scan)	78012 – 79999	
D	Nutritional Counseling Adult (see Health Education)	All	In-Network (including SRS Disease Management Referrals)
D	OB (total)	All	In-Network
P	Observation over 48 hours	All	
P	Observation Status	Out-of-Network and Out-of-Area	UM review for Medical Necessity.
D,P	Occupational Therapy (including hand therapy)	97003 – 97004	Direct referral for eval & 12 treatments. Prior auth required for further treatments.

Dec 2022 Page **14** of **20** 



**P** = Prior authorization required

**D** = Direct no prior authorization or referral form needed

**NCB** = Not a covered benefit

Requirement	Service / Procedure	Code	Info and Notes
D	Ophthalmology Referral – Medical Condition	All	In-Network
D	Optometrist Referral – Yearly Exam (pediatric)		Only covered by VSP if rider is purchased.
P	Orthopedic Services	All	
NCB	Orthoptic Training – Ophthalmology	92065	Not a covered benefit.
P	Orthotics / Prosthetics (footwear, braces, splints)	All over \$250	
P	Out-of-Area Provider		Out-of-Network
P	Out of Plan Referral / Admission		Out-of-Network
P	Outpatient Surgeries	All	
Р	Overnight Oximetry	94762	
P	Ovulation Testing	84830	
P	Oxygen	E1390, E0431, E0443	
P	Pain Management / Pain Rehab Services	All	
P	Pain Pumps-Implantable-Refills	All	
P	Pancreas Transplant	48550 – 48999	
P	Panniculectomy / Lipectomy	15830 – 15839, 15876 – 15879	
P	Pediatric Specialty Consultation for an Adult Patient	All	
D	Perinatal Services (maternal – fetal)	All	In-Network – Must be directed by OB-GYN.

Dec 2022 Page **15** of **20** 



**P** = Prior authorization required

**D** = Direct no prior authorization or referral form needed

**NCB** = Not a covered benefit

Requirement	Service / Procedure	Code	Info and Notes
D	Perineogram	50432 - 50435	In-Network
P	PET Scan (see Nuclear Scans)		
	Brain	78608 – 78609	
	Heart	78459	
	Perfusion Study	78491 – 78492	
	Skull Base to Mid-Thigh	78812, 78815	
	Whole Body	78813, 78816	
	Limited Area	78811, 78814	
D,P	Physical Therapy	All	Direct referral for eval & 12 treatments. Prior auth required for further treatments.
P	Plastic Surgery Services	All	
D,P	Pool (Aqua) Therapy	97113	Direct referral for eval & 12 treatments. Prior auth required for further treatments.
NCB	Postmortem Examinations	88000 - 88099	Not a covered benefit.
D	Pre-Radiation Density	All	In-Network
P	Proton Beam Treatment	77520 – 77525	
See Behavioral Health PAR Guide	Psychiatric Services	See Behavioral Health PAR Guide	See Behavioral Health PAR Guide.
P	Pulmonary Rehabilitation	All	Direct referral for eval & 12 treatments. Prior auth required for further treatments.

June 2022 Page **16** of **20** 



**P** = Prior authorization required

**D** = Direct no prior authorization or referral form needed

**NCB** = Not a covered benefit

Requirement	Service / Procedure	Code	Info and Notes
P	Pulse Oximetry, Continuous Overnight Monitoring	94762	
D	PUVA Therapy	96910 – 96913	In-Network
P	Radial Keratotomy	65771	
D	Radiation Treatments	All	In-Network
P	Reconstruction Midface Lefort I, II, III	21141 - 21160, 21345 - 21348, 21421 - 21436, 61586	
P	Reconstruction Orbital Rim / Lower Forehead	21172 - 21184	
P	Referral to Any Provider Not Listed in Your SHP Directory	All	
P	Rehabilitation – Acute	All	
D,P	Rehabilitation – Cardiac	93797 - 93799	Direct referral for eval & 12 treatments. Prior auth required for further treatments.
D,P	Rehabilitation – Pulmonary	All	Direct referral for eval & 12 treatments. Prior auth required for further treatments.
D	Renal Dialysis	90935 – 90999	
P	Renal Transplant	50300 - 50380	
P	Repair of Oviduct / Ovary- Tubotubal Anastomosis, Tubouterine Implantation, Fimbrioplasty, Salpingostomy	58750 - 58770	

Dec 2022 Page **17** of **20** 



**P** = Prior authorization required

**D** = Direct no prior authorization or referral form needed

**NCB** = Not a covered benefit

Requirement	Service / Procedure	Code	Info and Notes
P	Rhinoplasty	30400 - 30450	
P	Sclerotherapy	36468 – 36471	
P	Shock Wave Therapy (Extracorporeal) for Treatment of Epicondylitis	All	
P	Skilled Nursing Facility (SNF) Admissions	All	
P	Sleep Studies (performed in home or at a facility)	95803 – 95783	
D	Specialist Physician	Excluding Orthopedic Surgeon, Bariatric Surgery, Neuro- Surgeon, Pain Mgmt, Infertility, and Plastic Surgeon who require prior authorization.	In-Network
Р	Speech Therapy (ST) and Other Related Swallowing Studies	92507 – 92526 92610 – 92618	
P	Sperm Washing for Artificial Insemination	58323	
P	Spinal Cord – Catheter Implantations	62350 - 62351	
P	Spinal Cord – Injections, Drainage, or Aspirations (epidurals, caudal)	62280 - 62319	

Dec 2022 Page **18** of **20** 



**P** = Prior authorization required

**D** = Direct **n**o prior authorization or referral form needed

**NCB** = Not a covered benefit

Requirement	Service / Procedure	Code	Info and Notes
Р	Spinal Cord – Neurostimulators	63650 – 63688	
P	Spinal Cord – Reservoir / Pump Implantation	62360 - 62368	
P	Strabismus Surgery – Adults Only	67311 – 67344	
D	Sterilization – Tubal Ligation	58565, 58600 - 58615	In-Network
D	Sterilization – Vasectomy	55250 – 55450	In-Network
Р	Surrogate Pregnancy	All	
P	Sympathectomy for Hyperhidrosis	32664, 64809, 64818	
P	Temporomandibular Joint- Prosthesis Introduction or Removal	21076 - 21089	
P	TMJ Arthroplasty and Reconstruction Mandible, Maxilla, Zygomatic Arch, Orbit	21193-21299	
Р	TMJ Splints	All	
P	Transplants Except Corneal	All	
P	Treatment of Lymphedema – Decongestive Physiotherapy		Initial approval will be eval + 10.
NCB	Tubal Ligation Reversal		Not a covered benefit.
P	UCSD Referrals	All	
Р	Ultrasound Aspirations of Ova	76948	
D	Urgent Care		In-Network / Out-of-Network
D	Urology	All	In-Network

Dec 2022 Page **19** of **20** 



**P** = Prior authorization required

**D** = Direct no prior authorization or referral form needed

**NCB** = Not a covered benefit

Requirement	Service / Procedure	Code	Info and Notes
NCB	Vasectomy Reversal	55400	Not a covered benefit.
Р	Veins – Ligation and Stripping	37700 – 37785	
P	Veins – Sclerotherapy	36468 – 36479	
Р	Vertebroplasty	S2360 – S2361, 22510 – 22512	
D,P	Vestibular Rehab	All	Direct referral for eval & 12 treatments. Prior auth required for further treatments.
D	Weight Management	All	
P	Wigs	A9282	
P	Wound Care	97597 – 97610	

Dec 2022 Page **20** of **20**