

# SHARP Health Plan

Adolescents (11 to 17 years)<sup>1</sup>

## Preventive Care Checklist

Discuss your checklist with your doctor to develop your own personalized preventive care plan. Your doctor will help you determine which tests and health screenings are best for you based on your age, gender, health status and family history.

Exams		
Yearly Well Visit With Your Adolescent's Doctor (schedule at least 2 months in advance)	11 - 17	<input type="radio"/>
Vaccines <sup>2</sup>		
COVID-19 (Series and Booster)*	11 and older	<input type="radio"/>
Flu Shot (every fall)	11 and older	<input type="radio"/>
Human Papillomavirus (HPV) <sup>4</sup>	11 - 17	<input type="radio"/>
Meningococcal B <sup>5</sup>	16 - 17	<input type="radio"/>
Meningococcal Conjugate (MCV4) <sup>4,5,6</sup>	11 - 12 and 16	<input type="radio"/>
RSV	Pregnant women <sup>7</sup>	<input type="radio"/>
Tetanus, Diphtheria, Pertussis (Tdap)	11 - 12 and pregnant adolescents at 27 - 36 weeks	<input type="radio"/>
Screenings		
Anxiety	11 and older	<input type="radio"/>
Body Mass Index (BMI)	11 and older	<input type="radio"/>
Cardiac Arrest	11 and older	<input type="radio"/>
Depression and Suicide Risk	12 and older	<input type="radio"/>
Hepatitis B	11 and older	<input type="radio"/>
HIV <sup>5</sup>	15 and older	<input type="radio"/>
Obesity	11 and older	<input type="radio"/>
Sexually Transmitted Infections (STIs) <sup>8</sup>	Sexually active adolescents who are at increased risk for STIs	<input type="radio"/>
Skin Cancer	11 and older	<input type="radio"/>
Tobacco, Drug and Alcohol Use Counseling	11 and older	<input type="radio"/>

<sup>1</sup> Some COVID-19 vaccines are authorized under EUA (emergency use authorization). <sup>2</sup> The information in these checklists includes recommendations adapted from the following sources as of July 2024 and is subject to change: Preventive services with a rating of A or B from the U.S. Preventive Services Task Force; immunization for children, adolescents and adults recommended by the Centers for Disease Control and Prevention; and preventive care screenings for infants, children, adolescents and women supported by the Health Resources and Services Administration. <sup>3</sup> And infants with special circumstance aged 8 - 19 months. <sup>4</sup> Hepatitis A at 18 months or 24 months if less than 6 months from first shot. <sup>5</sup> 2 or 3 doses depending on age at initial vaccination. Routinely recommended at age 11 - 12 years but can start at 9 years based on risk and be given through age 18. <sup>6</sup> Based on risk factors, and as advised by your doctor. <sup>7</sup> Or MENABCWY when MEN ACWY and MEN B are indicated at same visit. <sup>8</sup> Reach out to your doctor for details. Pregnancy at 32 - 36 weeks during the months of September - January. <sup>9</sup> Counseling for all sexually active adolescents recommended.