**Preventive Care Checklist**

**Adolescents (11 to 17 years)**

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**Exams**
- Yearly Well Visit with Your Adolescent’s Doctor (schedule at least 2 months in advance)  
  - 11 – 17

**Vaccines**
- Flu Shot (every fall)  
  - 11 and older

- Human Papillomavirus (HPV)  
  - 11 – 12

- Meningococcal Conjugate (MCV4)  
  - 11 – 12

- Tetanus, Diphtheria, Pertussis (Tdap)  
  - 11 – 12

**Screenings**
- Body Mass Index (BMI)  
  - 11 and older

- Depression  
  - 12 and older

- Hepatitis B  
  - 11 and older

- HIV  
  - 15 and older

- Sexually Transmitted Disease (Chlamydia, Gonorrhea)  
  - Sexually active females

- Tobacco and Alcohol Use Counseling  
  - 11 and older

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We’re here to help you make your health a priority. To get started, use our preventive care checklists highlighting some of the exams, vaccines and screenings that can help you and your loved ones avoid or minimize potential health problems.1 No matter how healthy you are today, having a discussion with your doctor about preventive care can make a difference in the long run—for you and the people you care about.

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1 The information in this guide includes recommendations adapted from the following sources as of June 2019 and is subject to change: Preventive services with a rating of A or B from the US Preventive Services Task Force; immunization for children, adolescents and adults recommended by the Centers for Disease Control and Prevention; and preventive care screenings for infants, children, adolescents and women supported by the Health Resources and Services Administration.

2 Catch-up doses can be given after age 12 throughout adolescence.

3 Counseling for all sexually active adolescents recommended.