

SHARP Health Plan

Adolescents (11 to 17 years)¹

Preventive Care Checklist

Discuss your checklist with your doctor to develop your own personalized preventive care plan. Your doctor will help you determine which tests and health screenings are best for you based on your age, gender, health status and family history.

Exams		
Yearly Well Visit With Your Adolescent's Doctor (schedule at least 2 months in advance)	11 – 17	<input type="radio"/>
Vaccines ²		
COVID-19 (Series and Booster) ¹¹	11 and older	<input type="radio"/>
Flu Shot (every fall)	11 and older	<input type="radio"/>
Human Papillomavirus (HPV) ⁴	11 – 17	<input type="radio"/>
Meningococcal B ⁵	16 – 17	<input type="radio"/>
Meningococcal Conjugate (MCV4) ^{4,5,6}	11 – 12 and 16	<input type="radio"/>
RSV	Pregnant women ⁷	<input type="radio"/>
Tetanus, Diphtheria, Pertussis (Tdap)	11 – 12 and pregnant adolescents at 27 – 36 weeks	<input type="radio"/>
Screenings		
Behavioral Health and Wellness Screening (e.g. Anxiety, Depression, Suicide Risk)	11 and older ¹⁰	<input type="radio"/>
Body Mass Index (BMI)	11 and older	<input type="radio"/>
Cardiac Arrest ⁹	11 and older	<input type="radio"/>
Depression and Suicide Risk	12 and older	<input type="radio"/>
Hepatitis B	11 and older	<input type="radio"/>
HIV ⁵	15 and older	<input type="radio"/>
Obesity	11 and older	<input type="radio"/>
Sexually Transmitted Infections (STIs) ⁸	Sexually active adolescents who are at increased risk for STIs	<input type="radio"/>
Skin Cancer	11 and older	<input type="radio"/>
Tobacco, Drug and Alcohol Use Counseling	11 and older	<input type="radio"/>

¹The information in these checklists includes recommendations adapted from the following sources as of April 2025 and is subject to change: Preventive services with a rating of A or B from the U.S. Preventive Services Task Force; immunization for children, adolescents and adults recommended by the Centers for Disease Control and Prevention; and preventive care screenings for infants, children, adolescents and women supported by the Health Resources and Services Administration. Also check the age-related preventive health checklist. Other immunizations may be recommended by your provider depending on vaccine and indication. ⁴With a 20-pack-a-year smoking history and currently smoke or have quit within the past 15 years. ⁵Recommended for women 60 years and older if they have additional risk factors. ⁶19 and older if immunodeficient or immunosuppressed because of disease or therapy. ⁷Based on HRSA/WPS effective 1/1/2023. ⁸Increased risk is person with chronic lung or heart disease, weakened immune system, living in a nursing home or long term care facility, severe diabetes or severe obesity. ⁹Based on risk factors, and as advised by your doctor. ¹⁰Single dose of Abrysvo during weeks 32 through 36 of pregnancy. ¹¹Some COVID-19 vaccines are authorized under EUA (emergency use authorization).