

# SHARP Health Plan

Individual & Family Plans

## Account Change Form

### Instructions

Fill out this form if you would like to make changes to your benefit plan or update the personal information associated with your account.

You can make changes to the following:

- Your Subscriber Information
- Your Coverage
- Your Benefit Plan and Network

**Covered California™ Members:** To add a dependent or change your benefit plan, please contact Covered California at 1-800-300-1506. You can also change or update your account online by logging in to your Covered California account at [coveredca.com](http://coveredca.com).

If you may be eligible for federal financial assistance, don't use this form. Instead, you'll need to report a change through Covered California. Please call Covered California at 1-800-300-1506 or log in to your online account at [coveredca.com](http://coveredca.com).\*

### Submit

Please submit the finished form by mail, in person, online, email or by fax:



**By mail or in person:**

Sharp Health Plan  
Attention: IFP Sales  
8520 Tech Way, Suite 200  
San Diego, CA 92123



**Online:**

Visit [sharphealthplan.com/login](http://sharphealthplan.com/login) to create or log in to your Sharp Health Plan account and submit changes to your plan.



**Email:**

Attach your form to an email and send it to [ifpsales@sharp.com](mailto:ifpsales@sharp.com).



**By fax:**

Attention: IFP Sales  
1-858-499-8246



### If you need assistance, we're here to help.

You can call Customer Care at 1-858-499-8300 or toll-free at 1-800-359-2002. We are available to assist you Monday through Friday, 8 a.m. to 6 p.m.

\* The Health Insurance Exchange is a service available in every state that helps individuals, families and small businesses get affordable health coverage. California's Health Insurance Exchange agency is Covered California. Also called "Marketplace" and "Exchange."

| <b>Step 1. Subscriber Information</b> <input type="checkbox"/> Check box if your name, address or phone number has changed.   |   |  |   |  |
|---|---|--|---|--|
| First name:   |   | Last name:   |   | Middle initial:  |
| Subscriber ID (starting with the number 92):  |   | Social Security number:<br>-   -   |   | Birth date (MM/DD/YY):<br>/   /  |
| Sex assigned at birth:<br><input type="checkbox"/> Male<br><input type="checkbox"/> Female<br><input type="checkbox"/> Unknown<br><input type="checkbox"/> Choose not to disclose   | Gender identity:<br><input type="checkbox"/> Man<br><input type="checkbox"/> Woman<br><input type="checkbox"/> Transgender male/trans man/<br>female-to-male (FTM)<br><input type="checkbox"/> Transgender female/trans<br>woman/male-to-female (MTF)<br><input type="checkbox"/> Nonbinary, neither exclusively<br>male nor female<br><input type="checkbox"/> Additional gender category or<br>other, please specify:<br>_____<br><input type="checkbox"/> Choose not to disclose | Pronouns:<br><input type="checkbox"/> He/him/his<br><input type="checkbox"/> She/her/hers<br><input type="checkbox"/> They/them/theirs<br><input type="checkbox"/> Something else, please specify:<br>_____<br><input type="checkbox"/> Choose not to disclose | Sexual orientation:<br><input type="checkbox"/> Lesbian, gay or homosexual<br><input type="checkbox"/> Straight or heterosexual<br><input type="checkbox"/> Bisexual<br><input type="checkbox"/> Something else, please specify:<br>_____<br><input type="checkbox"/> Don't know<br><input type="checkbox"/> Choose not to disclose |  |
| Which race best represents you? Please select all that apply.   |   | Are you of Hispanic, Latino or Spanish origin?   |   |  |
| <input type="checkbox"/> American Indian or<br>Alaska Native<br><input type="checkbox"/> Asian<br><input type="checkbox"/> Black or African American<br><input type="checkbox"/> Native Hawaiian and other<br>Pacific Islander  | <input type="checkbox"/> White<br><input type="checkbox"/> Two or more races<br><input type="checkbox"/> Other: _____<br><input type="checkbox"/> Unknown<br><input type="checkbox"/> Choose not to disclose  | <input type="checkbox"/> No, not of Hispanic, Latino<br>or Spanish origin<br><input type="checkbox"/> Yes, Cuban<br><input type="checkbox"/> Yes, Mexican, Mexican<br>American or Chicano<br><input type="checkbox"/> Yes, Puerto Rican                        | <input type="checkbox"/> Yes, another Hispanic, Latino<br>or Spanish origin<br><input type="checkbox"/> Yes, other<br><input type="checkbox"/> Unknown<br><input type="checkbox"/> Choose not to disclose   |  |
| Cell phone number: (    )   |   | Home phone number: (    )  |   |  |
| Other phone number: (    )  |   | Email:   |   |  |
| Home address (P.O. Box is not allowed):   |   |  |   |  |
| City:   |   | State:   |   | ZIP Code:  |
| Billing address (if different from above): <input type="checkbox"/> Check if the same as your home address  |   |  |   |  |
| City:   |   | State:   |   | ZIP Code:  |
| <b>Primary care physician (PCP) information:</b> (If left blank, Sharp Health Plan will assign a PCP.) To see if your PCP is still in network, or to select a new one, please visit <a href="http://sharphealthplan.com/findadoctor">sharphealthplan.com/findadoctor</a> . You can also call Customer Care toll-free at 1-800-359-2002. |   |  |   |  |
| Name:   |   | Provider NPI:  |   | Are you an existing patient with this doctor?<br><input type="checkbox"/> Yes <input type="checkbox"/> No doctor |

## Step 2. Changes to Coverage

### A. When are you making a change to your coverage?

- During Open Enrollment (Nov. 1, 2025 to Jan. 31, 2026)\*\*  During a special enrollment period\*\*\*

**Completed Application Received**

Nov. 1, 2025 – Dec. 15, 2025

Dec. 16, 2025 – Jan. 31, 2026

**Effective Date**

Jan. 1, 2026

Feb. 1, 2026

If you selected "During a special enrollment period," check the box next to your qualifying event:

- |  |   |
|--|---|
| <input type="checkbox"/> Involuntary loss of other minimum essential coverage  | <input type="checkbox"/> Release from incarceration   |
| <input type="checkbox"/> Gaining or becoming a dependent through marriage or domestic partnership registration   | <input type="checkbox"/> Change in eligibility for federal financial assistance through Covered California*   |
| <input type="checkbox"/> Gaining or becoming a dependent through the birth of a child, adoption, foster care, or placement for adoption or foster care<br>For this qualifying event, the following are your options for coverage effective date: | <input type="checkbox"/> Change in eligibility for employer health coverage   |
| <input type="checkbox"/> The date of birth, adoption, foster care, or placement for adoption or foster care  | <input type="checkbox"/> Misinformation about coverage  |
| <input type="checkbox"/> The first day of the month after gaining the dependent  | <input type="checkbox"/> Provider network changes   |
| <input type="checkbox"/> The first day of the second month after gaining the dependent   | <input type="checkbox"/> Health coverage issuer substantially violated a material provision of the health coverage contract   |
| <input type="checkbox"/> Losing a dependent through divorce, dissolution   | <input type="checkbox"/> Member of the reserve forces of the United States military returning from active duty or a member of the California National Guard returning from active duty service                                |
| <input type="checkbox"/> Death of the subscriber or a dependent  | <input type="checkbox"/> Newly eligible to purchase an individual health plan through an Individual Coverage Health Reimbursement Arrangement (ICHRA) or a qualified small employer health reimbursement arrangement (QSEHRA) |
| <input type="checkbox"/> Child support order or other court order to cover a dependent   |   |
| <input type="checkbox"/> Newly qualifies for app-based driver stipend  |   |
| <input type="checkbox"/> Paid penalty for not having health coverage   |   |
| <input type="checkbox"/> Parents or stepparents listed as dependents on IRS tax returns  |   |
| <input type="checkbox"/> Permanent relocation in or out of the service area  |   |

Date of qualifying event (MM/DD/YYYY):        /        /

### B. Requested effective date for coverage or account change

/        /        Your effective date will depend on the kind of qualifying event you have.

### C. What change(s) do you want to make to your coverage?

Check the boxes for the changes you would like to make:

**Add Coverage**

- I wish to add medical coverage for a family member.

**Changes to Account/Coverage**

- I wish to combine accounts. Select your Benefit Plan on page 6.  
 I wish to change Benefit Plans. Select your Benefit Plan on page 6.

\* The Health Insurance Exchange is a service available in every state that helps individuals, families and small businesses get affordable health coverage. California's Health Insurance Exchange agency is Covered California. Also called "Marketplace" and "Exchange."

\*\* Dates for the yearly open enrollment period are subject to change. Please call for the latest deadline information.

\*\*\* You have 60 days from the date of your qualifying event to send a complete application, including required documents, to enroll in a health plan, in most cases.

## D. Who will be affected by these changes to your coverage?

If you have more than three dependents affected by these changes, please attach another form with the following information filled out for each additional dependent. **You will need to select a primary care physician for each person included on your benefit plan.** Remember, you receive covered benefits from plan providers who are affiliated with your plan medical group (PMG) and who are part of your plan network. The benefit plan you choose will determine the doctors that are available to you. You will need to ensure that the PCP you select is affiliated with the PMG for your benefit plan. To find a Sharp Health Plan doctor who meets your needs, visit [sharphealthplan.com/findadoctor](http://sharphealthplan.com/findadoctor) or call Customer Care toll-free at 1-800-359-2002.

|   |   |  |   |
|---|---|--|---|
| <b>Spouse/Domestic Partner</b>  |   | <input type="checkbox"/> Add medical coverage <input type="checkbox"/> End medical coverage  |   |
| First name:   |   | Middle initial:  | Last name:  |
| ID# (starting with the number 92):  |   | Social Security number:<br>- -   |   |
|   |   | Birth date (MM/DD/YY):<br>/ /  |   |
| Sex assigned at birth:<br><input type="checkbox"/> Male<br><input type="checkbox"/> Female<br><input type="checkbox"/> Unknown<br><input type="checkbox"/> Choose not to disclose | Gender identity:<br><input type="checkbox"/> Man<br><input type="checkbox"/> Woman<br><input type="checkbox"/> Transgender male/trans man/<br>female-to-male (FTM)<br><input type="checkbox"/> Transgender female/trans<br>woman/male-to-female (MTF)<br><input type="checkbox"/> Nonbinary, neither exclusively<br>male nor female<br><input type="checkbox"/> Additional gender category or<br>other, please specify:<br>_____<br><input type="checkbox"/> Choose not to disclose | Pronouns:<br><input type="checkbox"/> He/him/his<br><input type="checkbox"/> She/her/hers<br><input type="checkbox"/> They/them/theirs<br><input type="checkbox"/> Something else, please specify:<br>_____<br><input type="checkbox"/> Choose not to disclose | Sexual orientation:<br><input type="checkbox"/> Lesbian or gay or homosexual<br><input type="checkbox"/> Straight or heterosexual<br><input type="checkbox"/> Bisexual<br><input type="checkbox"/> Something else, please specify:<br>_____<br><input type="checkbox"/> Don't know<br><input type="checkbox"/> Choose not to disclose |
| Cell phone number: ( )  |   | Home phone number: ( )   |   |
| Other phone number: ( )   |   | Email:   |   |
| <b>Primary care physician (PCP) information:</b> (If left blank, Sharp Health Plan will assign a PCP.)  |   |  |   |
| Name:   |   | Provider NPI:  | Is your spouse/domestic partner an existing patient with this doctor? <input type="checkbox"/> Yes <input type="checkbox"/> No  |
| <b>Dependent 1</b>  |   | <input type="checkbox"/> Add medical coverage <input type="checkbox"/> End medical coverage  |   |
| First name:   |   | Middle initial:  | Last name: Sex: <input type="checkbox"/> M<br><input type="checkbox"/> F<br><input type="checkbox"/> Other  |
| ID# (starting with the number 92):  |   | Social Security number:<br>- -   |   |
|   |   | Birth date (MM/DD/YY):<br>/ /  |   |
| Cell phone number: ( )  |   | Home phone number: ( )   |   |
| Other phone number: ( )   |   | Email:   |   |
| <b>Primary care physician (PCP) information:</b> (If left blank, Sharp Health Plan will assign a PCP.)  |   |  |   |
| Name:   |   | Provider NPI:  | Is Dependent 1 an existing patient with this doctor?<br><input type="checkbox"/> Yes <input type="checkbox"/> No  |

|  |                                |  |   |
|--|--------------------------------|--|---|
| <b>Dependent 2</b>   |                                | <input type="checkbox"/> Add medical coverage <input type="checkbox"/> End medical coverage                      |   |
| First name:  | Middle initial:                | Last name:   | Sex: <input type="checkbox"/> M<br><input type="checkbox"/> F<br><input type="checkbox"/> Other |
| ID# (starting with the number 92):   | Social Security number:<br>- - | Birth date (MM/DD/YY):<br>/ /  |   |
| Cell phone number: ( )   |                                | Home phone number: ( )   |   |
| Other phone number: ( )  |                                | Email:   |   |
| <b>Primary care physician (PCP) information:</b> (If left blank, Sharp Health Plan will assign a PCP.) |                                |  |   |
| Name:  | Provider NPI:                  | Is Dependent 2 an existing patient with this doctor?<br><input type="checkbox"/> Yes <input type="checkbox"/> No |   |
| <b>Dependent 3</b>   |                                | <input type="checkbox"/> Add medical coverage <input type="checkbox"/> End medical coverage                      |   |
| First name:  | Middle initial:                | Last name:   | Sex: <input type="checkbox"/> M<br><input type="checkbox"/> F<br><input type="checkbox"/> Other |
| ID# (starting with the number 92):   | Social Security number:<br>- - | Birth date (MM/DD/YY):<br>/ /  |   |
| Cell phone number: ( )   |                                | Home phone number: ( )   |   |
| Other phone number: ( )  |                                | Email:   |   |
| <b>Primary care physician (PCP) information:</b> (If left blank, Sharp Health Plan will assign a PCP.) |                                |  |   |
| Name:  | Provider NPI:                  | Is Dependent 3 an existing patient with this doctor?<br><input type="checkbox"/> Yes <input type="checkbox"/> No |   |

### Step 3. Plan Selection

**When selecting a plan, you must ensure that you live in a ZIP code that is within that plan's network to be eligible for coverage.**

To find a list of ZIP codes associated with each network, please visit [sharphealthplan.com/networks-by-zip](http://sharphealthplan.com/networks-by-zip).

Remember, you receive covered benefits from plan providers who are affiliated with your PMG and who are part of your plan network. The benefit plan you choose will determine the doctors that are available to you. **If you are changing your benefit plan, please ensure that your PCP will still be in your network. If not, you will need to select a new one.**

To see if your PCP is still in network, or to select a new one, please visit [sharphealthplan.com/findadoctor](http://sharphealthplan.com/findadoctor). You can also call Customer Care toll-free at 1-800-359-2002.

Once you have confirmed your network, check the box next to your selected benefit plan from the list below:

| Premier Network   |            | Performance Network   |                  |
|---|------------|---|------------------|
| Plan Name   | Metal Tier | Plan Name   | Metal Tier       |
| <input type="checkbox"/> Sharp Platinum 90 Premier HMO            | Platinum   | <input type="checkbox"/> Sharp Platinum 90 Performance HMO            | Platinum         |
| <input type="checkbox"/> Sharp Gold 80 Premier HMO                | Gold       | <input type="checkbox"/> Sharp Gold 80 Performance HMO                | Gold             |
| <input type="checkbox"/> Sharp Silver 70 Off Exchange Premier HMO | Silver     | <input type="checkbox"/> Sharp Silver 70 Off Exchange Performance HMO | Silver           |
| <input type="checkbox"/> Sharp Bronze 60 HDHP Premier HMO         | Bronze     | <input type="checkbox"/> Sharp Bronze 60 Performance HMO              | Bronze           |
|   |            | <input type="checkbox"/> Sharp Minimum Coverage Performance HMO*      | Minimum Coverage |

### Step 4. Disclosures and Signatures

Please read the following carefully. Keep a copy of this application for your records.

#### Dental Disclosures

I understand that if I have indicated that coverage under the Plan is to be provided only for the dependent child on this form, I am responsible for payment of the required Premium and compliance with all of the provisions and conditions of the Disclosure Form/Contract.

RIGHT OF REIMBURSEMENT: I, on behalf of my Dependent(s) listed on this Enrollment Application, hereby agree that in the event any dental services provided to me or my Dependent(s) covered by Delta Dental of California are the primary financial responsibility of another party because of other dental coverage, I will fully inform Delta Dental of California and will execute such assignments, liens or other documents that may be necessary to enable Delta Dental of California to recover the value of services and supplies provided.

NOTICE: Any person who, with intent to defraud or knowing that he/she is facilitating a fraud against an insurer, submits an application or files a claim containing a false or deceptive statement is guilty of insurance fraud and may be subject to fines and confinement in prison.

#### Sharp Health Plan Disclosures

- I alone am responsible for the accuracy and completeness of the information provided on this application. I have personally reviewed all information provided on this application, even if I did not fill out the application myself. To the best of my knowledge and belief, all information on this application is accurate, true and complete. If Sharp Health Plan determines that there is fraud (by act, practice or omission) or an intentional misrepresentation of material fact in the information on this application, I understand that coverage may be rescinded as allowed by law.
- Any person who, with intent to defraud or knowing that he/she is facilitating a fraud against an insurer, submits an application or files a claim containing a false or deceptive statement is guilty of insurance fraud and may be subject to fines and confinement in prison.
- In accordance with the disclosure requirements of California Health and Safety Code, Section 1363 (h), this is to advise you that Sharp Health Plan's ratio of health care expenses to premiums received for the last fiscal year with respect to the Sharp Health Plan Individual & Family Plans was 84%.
- Sharp Health Plan's 2026 broker compensation commission schedule is 5% of premium for initial enrollments and 4% of premium for renewals. This amount is based on the gross premium and includes consideration of both direct and indirect compensation.

(continued on next page)

\*Minimum coverage plans are available to individuals under the age of 30, as of the effective date of coverage. They are also available to those that have been granted a hardship exemption from the federal government due to affordability or hardship. If an applicant is 30 years of age or older, the certificate of exemption must be provided to Sharp Health Plan in order to process the application. Please visit [healthcare.gov](http://healthcare.gov) for additional details.

## Step 4. Disclosures and Signatures, continued

- I understand that I may be subject to an audit by Sharp Health Plan, at which time I will need to provide proof of residency, date of birth and dependent eligibility (if applicable). I further understand that I must provide Sharp Health Plan with any new information that arises after the submission of this application but before my enrollment with Sharp Health Plan begins.
- I understand that this plan will only cover services provided through my plan's network of providers and facilities, unless I receive prior written authorization from Sharp Health Plan, or unless the services are emergency care services or out-of-area urgent care.
- If I indicated in Step 1 that I have a language preference other than English and have completed the English version of this application (or version other than in my language preference), I confirm that I understand the questions on this application.
- I understand that California law prohibits an HIV test from being required or used by health care plans as a condition of obtaining coverage.
- Depending on income level and family size, I understand that I may be eligible for financial assistance to help pay for health coverage if I purchase my coverage through Covered California. Sharp Health Plan benefit plans are available through Covered California. I must apply during an open or special enrollment period. Open enrollment is from Nov. 1 through Jan. 31. However, I understand that in order for coverage to begin on Jan. 1, I must submit my application on or before Dec. 15 of the preceding calendar year. If I have a life change such as marriage, divorce, a new child or loss of a job, I can apply at the time the life change occurs ("special enrollment period").
- I understand that I have the right to use Sharp Health Plan's internal dispute resolution process if any dispute or controversy arises regarding the performance, interpretation or breach of the agreement between myself (and/or enrolled dependents) and Sharp Health Plan, whether in contract, tort or otherwise. If I am unsatisfied with the result of the dispute resolution process, I understand that I have the right to voluntary binding arbitration, which is the final step for resolving complaints. Upon receipt of a demand for arbitration, Sharp Health Plan agrees to utilize a neutral arbiter from an appropriate entity. Arbitration will be conducted in accordance with the rules and regulations of the chosen entity.
- The undersigned expressly consents and agrees that Sharp Health Plan, its business associates and other third parties, including debt collectors, may send periodic electronic communications for any lawful purpose, including routine business and/or marketing purposes, to any email address or phone number he/she provides. Messages may be sent by text (SMS), email, automatic telephone dialing systems (auto-dialer), prerecorded messages or live operator calls. Message frequency will vary. Message and data rates apply. The undersigned may opt out of receiving further automated, electronic communications at any time by texting STOP or calling 1-800-827-4277. Whether the undersigned agrees to receive these messages will not affect care or coverage in any way. Visit [sharphealthplan.com/terms](http://sharphealthplan.com/terms) for complete Terms of Use.
- The Plan provides privacy protection that manages access to and use of race/ethnicity and language (REAL), sexual orientation and gender identity (SOGI) data. The Plan will utilize data to address disparities and focus quality improvement efforts toward providing appropriate services for REAL, SOGI and disability status services. Impermissible use of this data includes use of the data for underwriting and denial of coverage and benefits.

**Subscriber/New Subscriber** (parent or legal guardian for subscriber if under 18):

|       |                     |                             |
|-------|---------------------|-----------------------------|
| Name: | Signature:<br><br>x | Date (MM/DD/YY):<br><br>/ / |
|-------|---------------------|-----------------------------|

# Nondiscrimination Notice

Sharp Health Plan complies with applicable federal civil rights laws and does not discriminate on the basis of race, color, national origin, ancestry, religion, sex, marital status, gender, gender identity, sexual orientation, age or disability. Sharp Health Plan does not exclude people or treat them differently because of race, color, national origin, ancestry, religion, sex, marital status, gender, gender identity, sexual orientation, age or disability. A copy of the Nondiscrimination Notice can also be accessed at [sharphealthplan.com/members/notices-and-disclosures](http://sharphealthplan.com/members/notices-and-disclosures).

## Sharp Health Plan:

- Provides free aids and services to people with disabilities to communicate effectively with us, such as qualified sign language interpreters.
- Provides reasonable modifications for individuals with disabilities, and appropriate auxiliary aids and services, including qualified interpreters for individuals with disabilities and information in alternative formats, such as braille or large print, free of charge and in a timely manner, when such modifications, aids, and services are necessary to ensure accessibility and an equal opportunity to participate to individuals with disabilities.
- Provides free language services to people whose primary language is not English, such as:
  - Qualified interpreters and language assistance services, including electronic and written translated documents and oral interpretation, free of charge and in a timely manner, when such services are a reasonable step to provide meaningful access to an individual with limited English proficiency. If you need these services, contact Customer Care at 1-800-359-2002 (TTY 711).

If you believe that Sharp Health Plan has failed to provide these services or discriminated in another way on the basis of race, color, national origin, ancestry, religion, sex, marital status, gender, gender identity, sexual orientation, age or disability, you can file a grievance with our Civil Rights Coordinator and Section 1557 Nondiscrimination Coordinator at:

- Address: Sharp Health Plan Compliance Department, Attn: Director of Compliance and Regulatory Affairs Department, 8520 Tech Way, Suite 200, San Diego, CA 92123-1450
- Telephone: 1-800-359-2002 (TTY 711)
- Fax: 1-619-740-8572
- Email: [shpcompliance@sharp.com](mailto:shpcompliance@sharp.com)

You can file a grievance in person or by mail or fax, or you can also complete the online Grievance / Appeal form on the plan's website, [sharphealthplan.com](http://sharphealthplan.com). Please call our Customer Care team at 1-800-359-2002 if you need help filing a grievance. You can also file a discrimination complaint if there is a concern of discrimination based on race, color, national origin, age, disability or sex with the U.S. Department of Health and Human Services, Office for Civil Rights electronically through the Office for Civil Rights Complaint Portal, available at [ocrportal.hhs.gov/ocr/portal/lobby.jsf](http://ocrportal.hhs.gov/ocr/portal/lobby.jsf), or by mail or phone at: U.S. Department of Health and Human Services, 200 Independence Avenue SW., Room 509F, HHH Building, Washington, DC 20201, 1-800-368-1019, 1-800-537-7697 (TDD).

Complaint forms are available at [hhs.gov/ocr/office/file/index.html](http://hhs.gov/ocr/office/file/index.html).

The California Department of Managed Health Care is responsible for regulating health care service plans. If your grievance has not been satisfactorily resolved by Sharp Health Plan or your grievance has remained unresolved for more than 30 days, you may call toll-free the Department of Managed Health Care for assistance:

- 1-888-466-2219 Voice
- 1-877-688-9891 TDD

The Department of Managed Health Care's website has complaint forms and instructions online: [www.dmhc.ca.gov](http://www.dmhc.ca.gov)

**IMPORTANT: Can you read this letter? If not, we can have somebody help you read it. You may also be able to get this letter written in your language. For free help, please call Sharp Health Plan right away at 1-858-499-8300 or 1-800-359-2002.**

**IMPORTANTE: ¿Puede leer esta carta? Si no le es posible, podemos ofrecerle ayuda para que alguien se la lea. Además, usted también puede obtener esta carta en su idioma. Para ayuda gratuita, por favor llame a Sharp Health Plan inmediatamente al 1-858-499-8300 o 1-800-359-2002.**

# Language Assistance Services

## English

ATTENTION: If you do not speak English, language assistance services, free of charge, are available to you. Call 1-800-359-2002 (TTY:711).

## Español (Spanish)

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-800-359-2002 (TTY:711).

## 繁體中文 (Chinese)

注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電 1-800-359-2002 (TTY:711)。

## Tiếng Việt (Vietnamese)

CHÚ Ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số 1-800-359-2002 (TTY:711).

## Tagalog (Tagalog – Filipino):

PAUNAWA: Kung nagsasalita ka ng Tagalog, maaari kang gumamit ng mga serbisyo ng tulong sa wika nang walang bayad. Tumawag sa 1-800-359-2002 (TTY:711).

## 한국어 (Korean):

주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 1-800-359-2002 (TTY:711) 번으로 전화해 주십시오.

## Հայերեն (Armenian):

ՈՒՇՏԱԴՐՈՒԹՅՈՒՆ՝ Եթե խոսում եք հայերեն, ապա ձեզ անվճար կարող են տրամադրվել լեզվական աջակցության ծառայություններ: Չանգահարեք 1-800-359-2002 (TTY (հեռատիպ)՝ 711)։

## فارسی (Farsi):

توجه: اگر به زبان فارسی گفتگو می کنید، تسهیلات زبانی بصورت رایگان برای شما

فراهم می باشد. با 1-800-359-2002 (TTY:711) تماس بگیرید

## Русский (Russian):

ВНИМАНИЕ: Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода.

Звоните 1-800-359-2002 (телетайп: 711).

## 日本語 (Japanese):

注意事項：日本語を話される場合、無料の言語支援をご利用いただけます。1-800-359-2002 (TTY:711)

まで、お電話にてご連絡ください。

## عربي (Arabic):

ملحوظة: إذا كنت تتحدث اذكر اللغة، فإن خدمات المساعدة اللغوية تتوافر لك بالمجان. اتصل برقم 1-800-359-2002 (رقم

هاتف الصم والبكم: 711).

## ਪੰਜਾਬੀ (Punjabi):

ਧਿਆਨ ਦਿਓ: ਜੇ ਤੁਸੀਂ ਪੰਜਾਬੀ ਬੋਲਦੇ ਹੋ, ਤਾਂ ਭਾਸ਼ਾ ਵੱਧਿ ਸਹਾਇਤਾ ਸੇਵਾ ਤੁਹਾਡੇ ਲਈ ਮੁਫਤ ਉਪਲਬਧ ਹੈ। 1-800-359-2002 (TTY:711) 'ਤੇ ਕਾਲ ਕਰੋ।

## ខ្មែរ (Mon Khmer, Cambodian):

ប្រយ័ត្ន: បើសិនជាអ្នកនិយាយ ភាសាខ្មែរ, សេវាជំនួយផ្នែកភាសា ដោយមិនគិតថ្លៃ គឺអាចមានសំរាប់អ្នក។ ចូរ ទូរស័ព្ទ 1-800-359-2002 (TTY:711)។

## Hmoob (Hmong):

LUS CEEV: Yog tias koj hais lus Hmoob, cov kev pab txog lus, muaj kev pab dawb rau koj. Hu rau 1-800-359-2002 (TTY:711).

## हिंदी (Hindi):

ध्यान दें: यदि आप हिंदी बोलते हैं तो आपके लिए मुफ्त में भाषा सहायता सेवाएं उपलब्ध हैं। 1-800-359-2002 (TTY:711) पर कॉल करें।

## ภาษาไทย (Thai):

เรียน: ถ้าคุณพูดภาษาไทยคุณสามารถใช้บริการช่วยเหลือทางภาษาได้ฟรี โทร 1-800-359-2002 (TTY:711).