



Wellness Incentive Program

The San Diego Public Employee Benefit Association (SDPEBA) offers a points-based wellness incentive program to support you in achieving your best health, your way!

More than \$10,000 in e-gift cards¹

Use your Tango Card to redeem digital gift cards from select top brands, such as Amazon[®], REI[®], Starbucks[®] and Apple[®]. You may also use your rewards points to support nonprofit organizations, such as Water.org[®], Habitat for Humanity[®] and the American Cancer Society[®].

When You Earn	You Get a Chance To Win
50 points	\$50 e-gift card (15 available each month)
100 points	\$100 e-gift card (5 available at the middle of the plan year)
200 points	\$200 e-gift card (5 available at the end of the plan year)

For more information

Contact Best Health at besthealth@sharp.com.

Getting started is as easy as 1-2-3:

1

Join

Visit yourbesthealth.com/sdpeba to sign up.

2

Participate

Log in and choose your health interests. Benefit from our customized resources and digital programs for healthy living, participate in individual wellness challenges and more!

3

Earn Points

Complete your chosen health activities to earn points and qualify for a chance to win an e-gift card!

¹ The Best Health program is open to all active City of San Diego employees, with a maximum of two reward cards per plan year.