




# Wellness Incentive Program

SDPEBA offers a points-based wellness incentive program to support you in achieving your best health, your way!

## More than \$10,000 in e-gift cards<sup>1</sup>

Use your Tango Card to redeem digital gift cards from select top brands, such as Amazon<sup>®</sup>, REI<sup>®</sup>, Starbucks<sup>®</sup> and Apple<sup>®</sup>. You may also use your rewards points to support nonprofit organizations, such as Water.org<sup>®</sup>, Habitat for Humanity<sup>®</sup> and American Cancer Society<sup>®</sup>.

When You Earn	You Get a Chance to Win
50 points	 <b>\$50 e-gift card</b> (15 available each month)
100 points	 <b>\$100 e-gift card</b> (5 available at the middle of the plan year)
200 points	 <b>\$200 e-gift card</b> (5 available at the end of the plan year)

Getting started is as easy as 1-2-3:

- 1 Join**  
Sign up at [yourbesthealth.com/sdbepa](https://yourbesthealth.com/sdbepa).
- 2 Participate**  
Log in and choose your health interests. Benefit from our customized resources and digital programs for healthy living, participate in individual wellness challenges and more!
- 3 Earn Points**  
Complete your chosen health activities to earn points and qualify for a chance to win an e-gift card!

For more information

Contact Best Health at 1-877-849-2363.

<sup>1</sup> The Best Health program is open to all active City of San Diego employees with a maximum of two reward cards per plan year.