The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, visit www.sharphealthplan.com or call 1-800-359-2002. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms see the Glossary. You can view the Glossary at www.sharphealthplan.com or call Sharp Health Plan at 1-800-359-2002 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	\$6,300 Individual / \$12,600 Family (Deductible resets January 1st)	Generally, you must pay all of the costs from providers up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your deductible?	Yes. <u>Preventive care</u> services are covered before you meet your <u>deductible</u> .	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at https://www.healthcare.gov/coverage/preventive-care-benefits/ .
Are there other deductibles for specific services?	Yes. <u>Prescription drugs</u> \$500 Individual / \$1,000 Family There are no other specific <u>deductibles</u> .	You must pay all of the costs for these services up to the specific <u>deductible</u> amount before this <u>plan</u> begins to pay for these services.
What is the <u>out-of-</u> <u>pocket limit</u> for this <u>plan</u> ?	\$7,550 Individual / \$15,100 Family	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the <u>out-of-pocket limit?</u>	Premiums and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.
Will you pay less if you use a <u>network provider</u> ?	Yes. See <u>www.sharphealthplan.com</u> or call 1-800-359-2002 for a list of <u>network providers</u> .	This <u>plan</u> uses a provider <u>network</u> . You will pay less if you use a <u>provider</u> in the plan's <u>network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the provider's charge and what your <u>plan</u> pays (<u>balance billing</u>). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a referral to see a specialist?	Yes.	This <u>plan</u> will pay some or all of the costs to see a <u>specialist</u> for covered services but only if you have a <u>referral</u> before you see the <u>specialist</u> .



All <u>copayment</u> and <u>coinsurance</u> costs shown in this chart are after your <u>deductible</u> has been met, if a <u>deductible</u> applies.

Common Medical Event	Services You May Need	What You In Network Provider (You will pay the least)	Will Pay Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information	
	Primary care visit to treat an injury or illness	\$75 <u>copay</u> /visit	Not covered	Deductible waived for the first three combined non-preventative office, specialist or urgent care visits.	
If you visit a health care provider's office or clinic	Specialist visit	\$105 <u>copay</u> /visit	Not covered	Preauthorization is required, except for obstetric gynecologic services. Deductible waived for the first three combined non-preventative office, specialist or urgent care visits.	
	Other practitioner office visit	\$75 <u>copay</u> /visit	Not covered	Preauthorization is required. Deductible waived for the first three combined non-preventative office, specialist or urgent care visits.	
	Preventive care/screening/immunization	No charge; deductible does not apply	Not covered	You may have to pay for services that aren't preventive. Ask your provider if the services you need are preventive. Then check what your plan will pay for.	
If you have a test	Diagnostic test (x-ray, blood work)	\$40 copay/visit (blood work); deductible does not apply 100% coinsurance (x-rays)	Not covered	None	
	Imaging (CT/PET scans, MRIs)	100% coinsurance	Not covered	Preauthorization is required.	

Common		What You Will Pay		Limitations, Exceptions, & Other Important	
Medical Event	Services You May Need	In Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Information	
If you need drugs to treat your illness or	Generic drugs (Tier 1)*	100% <u>coinsurance</u> up to \$500 per 30-day supply after pharmacy deductible	Not covered	*Pharmacy deductible applies to drugs on Tiers 1, 2, 3 and 4. Brand drugs are not covered if a generic version is available, unless	
condition More information	Preferred brand drugs (Tier 2)*	100% <u>coinsurance</u> up to \$500 per 30-day supply after pharmacy deductible	Not covered		
about prescription drug coverage is available at www.sharphealt hplan.com.	Non-preferred brand drugs (Tier 3)*	100% <u>coinsurance</u> up to \$500 per 30-day supply after pharmacy deductible	Not covered	preauthorization is obtained. Preauthorization is required for certain generic drugs. 90-day supply copay applies to mail order only.	
	Specialty drugs (Tier 4)*	100% <u>coinsurance</u> up to \$500 per 30-day supply after pharmacy deductible	Not covered		
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	100% coinsurance	Not covered	Preauthorization is required.	
	Physician/surgeon fees	100% coinsurance	Not covered		
If you need immediate medical attention		100% <u>coinsurance</u> (facility fee)	100% <u>coinsurance</u> (facility fee)		
	Emergency room care	No charge/visit (physician fee); deductible does not apply	No charge/visit (physician fee); deductible does not apply	Cost sharing waived if admitted to the hospital.	
	Emergency medical transportation	100% coinsurance	100% coinsurance	None	
	Urgent care	\$75 <u>copay</u> /visit	\$75 <u>copay</u> /visit	Services must be approved by your primary care provider and received at urgent care facilities affiliated with your Plan Medical Group. Out-of-Network services are covered only when you are outside of the Service Area for your Plan Network. Deductible waived for the first three combined non-preventative office, specialist or urgent care visits.	

Common		What You Will Pay		Limitations, Exceptions, & Other Important	
Medical Event	Services You May Need	In Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Information	
If you have a	Facility fee (e.g., hospital room)	100% coinsurance	100% coinsurance	<u>Preauthorization</u> is required for non-emergency services. Out-of-network services are covered for	
hospital stay	Physician/surgeon fees	100% coinsurance	100% coinsurance	emergency care only.	
		Mental Health/Substance Use Disorder	Mental Health/Substance Use Disorder		
		Office visits: No charge/visit; deductible does not apply	Office visits: Not covered	<u>Preauthorization</u> is required. *Applies to intensive	
If you need mental health, behavioral health, or substance abuse services	Outpatient services	Group therapy: No charge/visit; deductible does not apply	Group therapy: Not covered Other outpatient services*:	outpatient program and partial hospitalization program.	
		Other outpatient services*: No charge/visit; deductible does not apply	Not covered		
	Inpatient services	Mental Health/Substance Use Disorder	Mental Health/Substance Use Disorder 100% coinsurance	Preauthorization is required for non-emergency services. Out-of-network services are covered for emergency care only.	
		100% coinsurance (facility fee/physician fee)	(facility fee/physician fee)		
If you are pregnant	Office visits	No charge/visit; deductible does not apply	Not covered	Cost sharing does not apply to certain preventive services. Depending on the type of services, a	
	Childbirth/delivery professional services	100% coinsurance	100% coinsurance	copayment, coinsurance, or deductible (if applicable) may apply. Maternity care may include tests and services described elsewhere in the SBC (i.e. ultrasound). Out-of-network services are	
	Childbirth/delivery facility services	100% coinsurance	100% coinsurance	covered for emergency care only.	

Common		What You Will Pay		Limitations, Exceptions, & Other Important	
Medical Event	Services You May Need	In Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Information	
	Home health care	100% coinsurance	Not covered	<u>Preauthorization</u> is required. Coverage is limited to short-term, intermittent services, 100 visits/calendar year. <u>Cost sharing</u> is per visit.	
If you need help recovering or have other special health	Rehabilitation services	\$75 <u>copay</u> /visit; <u>deductible</u> does not apply	Not covered	<u>Preauthorization</u> is required. Includes physical therapy, speech therapy, and occupational therapy.	
needs	Habilitation services	\$75 copay/visit; deductible does not apply	Not covered	<u>Preauthorization</u> is required.	
	Skilled nursing care	100% coinsurance	Not covered	Preauthorization is required. Coverage is limited to 100 days/benefit period.	
	Durable medical equipment	100% coinsurance	Not covered	Preauthorization is required.	
	Hospice services	Inpatient: No charge/admission; deductible does not apply Outpatient: No charge/visit; deductible does not apply	Not covered	Preauthorization is required.	
	Children's eye exam	No charge	Not covered	Eye exams are covered once every 12 months.	
If your child needs dental or eye care	Children's glasses	No charge	Not covered	Frames/lenses are covered once every 12 months.	
	Children's dental check-up	No charge	Not covered	Limited to once every six months. Sharp Health Plan's pediatric dental benefits are provided by Access Dental. Please refer to the Access Dental schedule of benefits for further details about your pediatric dental benefits.	

Excluded Services & Other Covered Services:

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Chiropractic Care
- Cosmetic Surgery
- Dental Care (Adult)

- Hearing Aids
- Infertility Treatment
- Long Term Care
- Non-emergency care when traveling outside the U.S.
- Private Duty Nursing
- Routine eye care (Adult)
- Routine Foot Care

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

Abortion

Bariatric Surgery

Weight Loss Programs

Acupuncture

Your Rights to Continue Coverage:

There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or https://www.dol.gov/ebsa/contactEBSA/consumerassistance.html: California Department of Managed Health Care at 1-888-466-2219 or https://www.healthHelp.ca.gov: Office of Personnel Management Multi State Plan Program at 1-800-318-2596 or https://www.opm.gov/healthcare-insurance/multi-state-plan-program. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights:

There are agencies that can help if you have a complaint against your plan for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact: California Department of Managed Health Care at 1-888-466-2219 or http://www.HealthHelp.ca.gov.

Does this plan provide Minimum Essential Coverage? Yes.

If you don't have <u>Minimum Essential Coverage</u> for a month, you'll have to make a payment when you file your tax return unless you qualify for an exemption from the requirement that you have health coverage for that month.

Does this plan meet Minimum Value Standards? Yes.

If your <u>plan</u> doesn't meet the <u>Minimum Value Standards</u>, you may be eligible for a <u>premium tax credit</u> to help you pay for a <u>plan</u> through the <u>Marketplace</u>.

Language Access Services:

English

ATTENTION: If you do not speak English, language assistance services, free of charge, are available to you. Call 1-800-359-2002 (TTY:711).

Español (Spanish)

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-800-359-2002 (TTY:711).

繁體中文 (Chinese)

注意: 如果您使用繁體中文,您可以免費獲得語言援助服務。請致電 1-800-359-2002 (TTY:711)。

Tiếng Việt (Vietnamese)

CHÚ Ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số 1-800-359-2002 (TTY:711).

Tagalog (Tagalog – Filipino):

PAUNAWA: Kung nagsasalita ka ng Tagalog, maaari kang gumamit ng mga serbisyo ng tulong sa wika nang walang bayad. Tumawag sa 1-800-359-2002 (TTY:711).

한국어 (Korean):

주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 1-800-359-2002 (TTY:711) 번으로 전화해 주십시오.

Հայերեն (Armenian)։

ՈՒՇԱԴՐՈՒԹՅՈՒՆ՝ Եթե խոսում եք հայերեն, ապա ձեզ անվձար կարող են տրամադրվել լեզվական աջակցության ծառայություններ։ Զանգահարեք 1-800-359-2002 (TTY (հեռատիպ)՝ 711).

هارسی (Farsi):

توجه :اگر به زبان فارسی گفتگو می کنید، تسهیالت زبانی بصورت رایگان برای شما تماس بگیرید (TTY:711) 2002-359-1-1. با. باشد می فراهم.

Language Access Services (Cont.):

Русский (Russian):

ВНИМАНИЕ: Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните 1-800-359-2002 (телетайп: 711).

日本語 (Japanese):

注意事項:日本語を話される場合、無料の言語支援をご利用いただけます。1-800-359-2002 (TTY:711) まで、お電話にてご連絡ください。

(Arabic): قبيرعلا

ملحوظة :إذا كنت تتحدث اذكر اللغة، فإن خدمات المساعدة اللغوية تتوافر لك بالمجان. تصل برقم 2002-359-800-1 (رقم هاتف الصم والبكم: 711).

ਪੰਜਾਬੀ (Punjabi):

ਧਿਆਨ ਧਿਓ: ਜੇ ਤੁਸੀਂ ਪੰ ਜਾਬੀ ਬੋਲਿੰ ਹੋ, ਤਾਂ ਭਾਸ਼ਾ ਧਿੱ ਚ ਸਹਾਇਤਾ ਸੇਿਾ ਤੁਹਾਡੇ ਲਈ ਮੁਫਤ ਉਪਲਬਿ ਹੈ। 1-800-359-2002 (TTY:711) 'ਤੇ ਕਾਲ ਕਰੋ।

ខ្មែរ (Mon Khmer, Cambodian):

ប្រយ័ត្ន៖ បើសិនជាអ្នកនិយាយ ភាសាខ្មែរ, សេវាជំនួយផ្នែកភាសា ដោយមិនគិតឈ្មួល គឺអាចមានសំរាប់បំផីអ្នក។ ចូរ ទូរស័ព្ទ 1-800-359-2002 (TTY: 711)។

Hmoob (Hmong):

LUS CEEV: Yog tias koj hais lus Hmoob, cov kev pab txog lus, muaj kev pab dawb rau koj. Hu rau 1-800-359-2002 (TTY:711).

हिंदी (Hindi):

ध्यान दें: यदि आप हिंदी बोलते हैं तो आपके लिए मुफ्त में भाषा सहायता सेवाएं उपलब्ध हैं। 1-800-359-2002 (TTY:711) पर कॉल करें।

ภาษาไทย (Thai):

เรียน: ถ้าคณพดภาษาไทยคณสามารถใช้บริการช่วยเหลือทางภาษาได้ ฟรี โทร 1-800-359-2002 (TTY:711).

Notice of Nondiscrimination

Sharp Health Plan complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, ancestry, religion, sex, marital status, gender, gender identity, sexual orientation, age, or disability. Sharp Health Plan does not exclude people or treat them differently because of race, color, national origin, ancestry, religion, sex, marital status, gender, gender identity, sexual orientation, age, or disability.

Sharp Health Plan:

- Provides free aids and services to people with disabilities to communicate effectively with us, such as:
 - Qualified sign language interpreters
 - o Information in other formats (such as large print, audio, accessible electronic formats, or other formats) free of charge
- Provides free language services to people whose primary language is not English, such as:
 - Qualified interpreters
 - o Information written in other languages

If you need these services, contact Customer Care at 1-800-359-2002. If you believe that Sharp Health Plan has failed to provide these services or discriminated in another way on the basis of race, color, national origin, ancestry, religion, sex, marital status, gender, gender identity, sexual orientation, age, or disability, you can file a grievance with our Civil Rights Coordinator at:

Sharp Health Plan
Attn: Appeal/Grievance Department
8520 Tech Way, Suite 200
San Diego, CA 92123-1450
Telephone: 1-800-359-2002 (TTY: 711)

Fax: (619) 740-8572

You can file a grievance in person or by mail, fax, or you can also complete the online Grievance/Appeal form on the Plan's website sharphealthplan.com. Please call our Customer Care team at 1-800-359-2002 if you need help filing a grievance. You can also file a discrimination complaint if there is a concern of discrimination based on race, color, national origin, age, disability, or sex with the U.S. Department of Health and Human Services, Office for Civil Rights electronically through the Office for Civil Rights Complaint Portal, available at https://ocrportal.hhs.gov/ocr/portal/lobby.jsf, or by mail or phone at: U.S. Department of Health and Human Services, 200 Independence Avenue SW., Room 509F, HHH Building, Washington, DC 20201, 1-800-368-1019, 800-537-7697 (TDD).

Complaint forms are available at http://www.hhs.gov/ocr/office/file/index.html.

Summary of Benefits and Coverage: What this Plan Covers & What You Pay For Covered Services Sharp Health Plan: Sharp Performance Bronze 60 HMO 6300/75 + Child Dental

Coverage Period: 01/01/2019 – 12/31/2019 Coverage for: Individual / Family | Plan Type: HMO

Notice of Nondiscrimination (Cont.)

The California Department of Managed Health Care is responsible for regulating health care service plans. If your Grievance has not been satisfactorily resolved by Sharp Health Plan or your Grievance has remained unresolved for more than 30 days, you may call toll-free the Department of Managed Care for assistance:

- 1-888-HMO-2219 Voice
- 1-877-688-9891 TDD

The Department of Managed Care's Internet Web site has complaint forms and instructions online: http://www.hmohelp.ca.gov.

-----To see examples of how this plan might cover costs for a sample medical situation, see the next section. -----

\$6300

\$105

100%

0%

Coverage Period: 01/01/2019 - 12/31/2019 Coverage for: Individual / Family | Plan Type: HMO

About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your providers charge, and many other factors. Focus on the cost sharing amounts (deductibles, copayments and coinsurance) and excluded services under the plan. Use this information to compare the portion of costs you might pay under different health plans. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby

(9 months of in-network pre-natal care and a

■ The plan's overall deductible

■ Specialist copayment

■ Hospital (facility) coinsurance

■ Other coinsurance

Managing Joe's type 2 Diabetes (a year of routine in-network care of a well-

■ The plan's overall deductible

■ Specialist copayment

■ Hospital (facility) coinsurance

■ Other coinsurance

Mia's Simple Fracture

(in-network emergency room visit and follow up

■ The plan's overall deductible \$6300

■ Specialist copayment \$105 100%

■ Hospital (facility) coinsurance

■ Other coinsurance 100%

This EXAMPLE event includes services like:

Specialist office visits (prenatal care) Childbirth/Delivery Professional Services Childbirth/Delivery Facility Services Diagnostic tests (ultrasounds and blood work)

Specialist visit (anesthesia)

This EXAMPLE event includes services like:

Primary care physician office visits (including disease education)

Diagnostic tests (blood work)

Prescription drugs

Total Example Cost

Durable medical equipment (glucose meter)

This EXAMPLE event includes services like:

Emergency room care (including medical supplies)

Diagnostic test (x-ray)

Total Example Cost

\$6300

\$105

100%

100%

\$7,400

Durable medical equipment (crutches)

Rehabilitation services (physical therapy)

\$12,800 **Total Example Cost**

In this example, Peg would pay:

Cost Sharing			
Deductibles	\$0		
Copayments	\$700		
Coinsurance	\$6,900		
What isn't covered			
Limits or exclusions \$0			
The total Peg would pay is	\$7,600		

In this	example.	Joe v	Mould	nav:

Cost Sharing		
Deductibles*	\$300	
Copayments	\$1,500	
Coinsurance	\$5,800	
What isn't covered		
Limits or exclusions	\$0	
The total Joe would pay is	\$7,600	

In this example Mia would pay:

in this oxampio, that would pay.		
Cost Sharing		
Deductibles	\$10	
Copayments	\$600	
Coinsurance	\$800	
What isn't covered		
Limits or exclusions		
The total Mia would pay is	\$1,410	

Note: This plan has other <u>deductibles</u> for specific services included in this coverage example. See "Are there other deductibles for specific services?" row above.

\$1,900